

Complacency and Enlightenment



There comes a time in the process of spiritual evolution wherein we have spent time and serious effort focusing on owning and clearing much of the negative egos imprinting and programming taken on during the formative years and stand at a point where there is a deep feeling of change, of new potentials and possibilities ripening. It is so often at this point, that we also come to experience the old pouring in, to try to hold a last ditch stand against the wonder that is awakening within.



In this moment poised between the new and the old, exist many choices. One of which is complacency, of “I have worked hard on myself and deserve a break” or “It is OK, I have cleared a lot of stuff and love myself now, so I can take 5!” or “Life is not meant to be work/processing all the time!” This is one of the negative ego’s greatest ploys to lull us into a very false sense of security while hard earned progress is allowed to slip away through allowing oneself to let go just at the moment ripe with the potential of progression. To act or not act, to speak or not speak from love and in that moment the old is reactivated and you experience that sinking feeling of having let yourself down, once again.

This behavior is triggered by still unresolved issues, some of which may be the need to appease another, to not make waves or be the brunt of criticism, for these self-sabotage patterns carried deeply within are based on a lack of self-worth and an obsession with condition and limit. “I am used to being small and want someone else to do it for me” This is the disempowerment of the negative ego and is aligned with collective fear-based thinking, where true Mastery is about claiming total responsibility for all that we are and loving it anyway, literally, warts and all! “I am human, I am screwed up and I am OK too, for my heart knows the truth and that is what I choose now!



Another aspect of complacency is the subtle way in which we take so much for granted in regard to spiritual teachers. You know the feeling of that initial inspiration of wonder and even awe when you hear the truth shared from a clear heart for the first time. Your heart cries out “Yes! I know this! I remember this! and reaches for more. Then over the days, weeks and months, as we adjust to working with the energies of a teacher who embodies and offers a higher truth, the ego begins to tell you “He/She is just another person. What gives Him/Her the right to tell me what to do?” and subtly the old lens of judgment begins to

cloud the hearts knowing and respect and humility slips into complacency as the ego tries to dim the clear mirror offering only love. We can only see in another what we already carry and choose to recognize within Self.

The truth is confronting and it is liberating! The truth is LOVE and as long as there is resistance to love, there will be resistance to the truth. As long as we choose to avoid the healing and love offered unconditionally by God and the Masters, there is nothing that can be changed until we choose anew.

To honour the brilliance of the Light of the God Within and its boundless potentials to create beauty and harmony here, is to honour That within Self and other also, for this is the path of a Heart Master, the path home to the heart, in of and for love in service to All That Is!

This is where I choose now to BE, to hold consciousness in all moments, to be responsible and to choose to create from the motivation of love always. However, in the moments when this may slip and new learning is experienced, I also choose to love my choice, to draw forth the pearl and discard the dross, for that is how we spiritualize matter, this is true alchemy and how we anchor more and more LOVE and ever greater harmony for Beloved Gaia and beyond



Beyond All is Love and Loving All is the Beyond!

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