



TRAINING AND TEACHING WITH A DIFFERENCE

Adding value

Respect the system you work in and seek to add value by refraining from criticism, gossip, complaining and complacency. The system so far has been created by people who chose to do something with the resources they had and a willingness to take action; you have the power and opportunity to do the same.

Take responsibility for what you project out into the universe. Every one of your thoughts, feelings, deeds and intentions effects the next moment and everything in your sphere of influence, be it your

whole self, your students, mentees, work team, colleagues, your organisation, industry, clients, customers, humanity in general and your beloved planet.

You are the only one responsible for the quality of energy you emanate. Therefore, make your energy count toward harmony, unity, integrity and joy in the world: you have the power of choice, use it to create more love. Is there not always a better way? Look around you and ask yourself: what can you do right now to create the change that you wish to experience?

Inclusivity

Everyone is a unique expression of the universe and an equally important piece of the puzzle. Who are we to judge, reject, invalidate, push away, avoid, deny and exclude? Every person, including ourselves, has their own unique blueprint, journey, talents and abilities, whether these are fully actualized or not. And, among the unique differences there lies a sameness in the heart of all—there are unique ways of self-expression, of feelings, and the fundamental right to be who they truly are—freely and authentically.

Always look for and appreciate the uniqueness in everyone, not based on the past or what you already think you know about them; instead, treat each meeting as a new and sacred encounter.

Be curious, accepting, respectful and humble—there is no better or worse - only unique differences. Celebrate these differences and learn from each other! Every human being around you is also a part of you, a reflection, a mirror, your teacher and your student. Therefore, practice humility.

In a teaching role, we are privileged and indeed honored with the responsibility of helping people grow and expand into more of their potential. Be kind, patient, respectful and extremely careful with people's hearts; we are here to be of service to our students,

not to have power over them. Practice mastery to the highest degree when caring for others and more importantly, help others do the same. Walk the talk of personal integrity. Create a space for others to explore, learn, transform and celebrate each and every challenge as a wondrous opportunity to grow and e-x-p-a-n-d into more of their potential. We all have the power to embrace every challenge with joy, wonder and gratitude, transforming along the way. Is this not what learning and teaching is all about?

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Biography of Lisa Danza

Lisa Danza holds a Graduate Certificate in Business (Management and Leadership), and is completing her Master's Degree (MLM) at Curtin University in Western Australia. She has completed various courses of study in business, frontline management, employment skills and Neuro-Linguistic Programming (NLP).

Lisa is the faculty head of The Insight Foundation's Business Faculty: the Australian Institute of Ethical Business Studies (AIEBS). She oversees and manages various functions of the

Registered Training Organization arm of The Insight Foundation.

Lisa facilitates business and personal development training in 'Authenticity in the workplace'. These are nationally recognized and customized workshops, short courses and ongoing learning programs. She currently runs classes in meditation for the business community in Western Australia (WA).

Lisa has owned and operated her own catering business, raised thousands of dollars for charity, and served as a spiritual counselor and public speaker at various events around Australia. She has been part of The New Age Movement for over twenty years, and continues to engage in personal growth and spiritual integration training on many levels. Lisa's main focus is to promote, co-create and actively support a new paradigm of higher consciousness in business, one that fosters a new reality of freedom, self-sustainability, equality and social responsibility in a world where planetary health, well-being and positive regard for All sentient life prevails.

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